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<https://www.beyondstrengthpapers.com>

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Topic:

**Optimization in the prediction of the one-repetition maximum through movement velocity**

* PhD in Sports Science from the University of Granada (Spain) and University of Ljubljana (Slovenia).
* Post-doctoral researcher at the Faculty of Sport and Physical Education (Belgrade).
* Amador Garcia Ramos participated in the publication of more than 70 articles in international peer-reviewed journals indexed in the Journal Citation Reports, presented 35 abstracts in scientific congresses, and published 4 book chapters. These publications have received 358 citations since 2014 and his H-index is 10 (according to Google Scholar).